Aim

To create a world where people and nature are cared for and thrive.

Like us, you are probably tired of waiting for action on the biggest sources of suffering in the world - poverty, hunger, discrimination, and climate change - when clear solutions already exist.

The challenge is creating the motivation and courage among those with the power to act.

Well, we’re not waiting any longer.

Humanity is coming together at a scale that is large enough and powerful enough to spark a fundamental shift towards compassionate thinking, feeling, and acting.

Why compassion?

It is natural.
We can all feel it - when we seek and offer care or feel hurt or injustice at the pain of others, that’s compassion. Led by compassion, we represent the best of humanity.

It is powerful.
It takes courage to turn towards suffering, strength to address it, and wisdom to prevent it.

It is essential.
Compassion has been key to our success as a species, motivating us to care for others, share resources, and develop ideas and inventions - like medicines and human rights protections - that have improved and saved billions of lives.
What can you expect in 2024?

**Connect**
- Host a series of summits, debates, and interviews exploring the power of compassion.
- Support compassion trainers to promote their interventions and courses in education, healthcare, and politics.

**Cultivate**
- Create new practices to help individuals nurture and spread compassion.
- Establish Compassion Circles where people come together to share and support one another on their compassion journey.

**Change**
- Engage directly with decision-makers to have these approaches adopted and implemented.
- Launch our Compassion Connector training programme, helping people across the world bring compassion to the places they live, work, and play.

Why join us?
To experience the relieving power of compassion and be part of a community that's spreading it across the globe.

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