

So you want to start a local or national Global Compassion Coalition Group?

That is fantastic news! We're so pleased. And it's super easy to get setup.

- 1** First, just check none already exists. Email info@globalcompassioncoalition.org to find out.
- 2** Bring together friends or colleagues or like-minded people who can support you. If you don't know anyone already, you can ask for support on our [members community](#) or [facebook group](#).
- 3** Create a space where you can organize. We have created a GCC community space called "Circle" where groups can self-organize. Alternatively, if it's easier, you might like to set up a local Facebook Group so that you can invite your friends and neighbors to join and have a space where you can share ideas.
- 4** Join together for a first meeting. This might be online or in-person - whatever works for you. We suggest you use this first meeting to get to know each other, find out your backgrounds, and share what brought you together.
- 5** Identify what you want to do as a group. The GCC has set itself three main goals: to Connect, Cultivate, and Campaign. Here are some examples of what you might want to do under each heading

Connect

- Spend some time bringing in other members of your local or national community. Perhaps form a “Coalition for compassion” with other charities or campaigns.
- Get compassion teachers, practitioners, and researchers involved.
- Try to make connections between your group and people in “unlikely” spaces - leaders in business and politics for example. You might like to see if they would meet or would be interested in learning more about the practice of compassion.

Cultivate

- Maybe there are ways for you to take compassion training out into your community - into schools, businesses, hospitals, or politics. Or you might call for this to be provided by the organizations themselves.
- Can you offer people - through your social media page - easy to access practices in compassion.

Campaign

- Is there a seismic local or national example of a lack of compassion that really needs attention? Check to see what other groups are already working on this and maybe offer the support of your group - or spearhead action.
- Agree to perform acts of compassion locally. You can reinforce your practice together in a weekly or monthly meeting.

6 Get planning. Try to identify one or two main targets for what you want to achieve, identify the resources you have, how you can get more, and any potential barriers to success.

7 Stay in touch. Please keep us up to date with your progress. Let us know how we can help you - especially by promoting your work.

Questions?

Email info@globalcompassioncoalition.org.